



# CAMP PINNACLE

## 2021 SUMMER FREQUENTLY ASKED QUESTIONS

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### WILL THE HEALTH CENTER LOOK DIFFERENT THIS YEAR?

Our health center is now a complex of two buildings. We have our standard health center with patient rooms, an examination room, and quarters for our nurses. We have a tele-health station set up in the Health Center so we can communicate directly with our camp doctor.

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### WHAT DOES PRE-CAMP QUARANTINE MEAN?

It has been recommended by NCDHHS, CDC, and American Camp Association (ACA) to ask our campers to quarantine prior to camp to reduce their exposure to communicable diseases like COVID-19. When we all reduce our exposure risk, we reduce the chances of spreading germs and viruses to each other at camp. We are asking our camp families to limit their exposure to non-family members, wear a mask around all non-family members, avoid large crowds/gatherings, and limit unnecessary travel.

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### WHY DO I NEED TO TAKE MY CAMPER'S TEMPERATURE SO MANY DAYS BEFORE ARRIVING TO CAMP?

Studies have shown that people who have contracted COVID-19 will often have a fever within a 10-day period. Monitoring your camper's temperature daily is a simple way of making sure we all come to camp as healthy as possible.

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### WHAT CAN I EXPECT FOR HEALTH SCREENINGS ON OPENING DAY?

Prepare for a more thorough health screening process on Opening Day. While we'll try our best to streamline the check-in process by having staggered arrival times, we don't want to rush through our screening process or not provide the time to ask questions. As always, there will be temperature and lice checks, but we will also have additional screenings, including a baseline oxygen reading utilizing a pulse oximeter. This device is non-invasive and simply placed on a finger of each camper. We will also ask additional health screening questions and will review pre-camp temperature logs, negative COVID tests, and do a temperature check.

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### WHAT IF I FORGET MY CAMPER'S TEMPERATURE LOG?

Please don't forget this! The pre-camp temperature log is a **mandatory** piece of documentation. You will **not** be able to leave your child at camp without it. **You must also upload your camper's health forms and medication form into CampinTouch at least 24 hours prior to arriving at camp.**

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### **WHAT ARE YOUR DAILY HEALTH MONITORING ROUTINES FOR CAMPERS AND STAFF?**

Each day, staff and campers will have a daily health screening. This will include temperature checks and a symptom questionnaire. Any camper or staff who has a fever of 100.4 or higher or symptoms that cannot be related to a known, non-infectious health-related issue will be sent directly to the Health Center for next-level screening by an onsite registered nurse.

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### **CAN I COMMUNICATE WITH THE INFIRMARY DIRECTLY ABOUT MY CAMPER'S HEALTH?**

While we wish we could call every parent every day to provide updates on how their camper is doing, it is just not possible. The Health Center team is busy providing hands-on TLC to the campers who are injured or not feeling well. We will call you if your camper is showing symptoms that fall into the COVID-19 screening criteria as mentioned above, has had to stay in the Health Center overnight, has any significant medical condition as determined by our camp doctor, or needs to be seen off-site by a medical provider. At any time, you may call the office for an update on your camper's general wellbeing.

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### **WHAT HAPPENS IF MY CAMPER HAS SYMPTOMS AND IS QUARANTINED?**

If your camper is quarantined while at camp, they will be housed in a specific area of the Health Center or assigned to a designated quarantine cabin. These are two cabins with private bathrooms which have been set aside just in case we need to quarantine campers this summer. If quarantined, a nurse and our director will attend to your camper's healthcare needs, monitor symptoms, and develop a 24/7 plan of care. We will also work with the camp staff to have in-room activities available for your camper.

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### **WHAT IS THE STAFF SIZE OF THE HEALTH CENTER?**

This year, we will have two registered nurses in the Health Center who will live on-site 24/7. We also have a physician, Dr. Andrew Morris, on call 24/7. He holds physician-run clinics for sick or injured campers two to three times a week, or as needed. We can also hold tele-health appointments with our physician directly from the Health Center. This allows your camper to have quick and efficient medical care should the need arise. At least 15 of our staff are trained as Wilderness First Responders (WFR), three staff are EMTs, and every counselor has completed a Wilderness First Aid certification.

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### **WHAT PRECAUTIONS ARE THE NURSES TAKING TO TREAT CAMPERS AND STAFF? HOW WILL THE HEALTH CENTER HANDLE SICK CAMPERS VS. CAMPERS JUST NEEDING TLC?**

The Health Center is a fully functioning clinic that will follow the CDC's best practice guidelines for the care of a camper or staff who potentially has a communicable disease, such as COVID-19. This will include utilizing personal protective equipment (PPE) such as gowns, masks, face shields, and gloves. We will also divide the Health Center into a "sick clinic" and "well clinic." This allows campers who need to see the nurse (but are not showing symptoms of communicable disease, like COVID-19 or gastrointestinal symptoms) to get the care they need without the risk of exposure to sick campers.

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### **WILL YOUR STAFF BE VACCINATED?**

Yes.

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## WHAT IS THE PLAN FOR INFECTION CONTROL AT CAMP?

We all know that with any germ or virus, good infection control is key to keeping the rate of spread to a minimum. There will be additional training for staff and campers on:

- How to properly wash their hands
- Proper technique of using hand sanitizer
- Why giving space to fellow campers and staff is important
- Covering coughs/sneezes, etc.
- Scheduled daily health screenings
- Increased cleaning schedules of common use areas and cabins
- Increased hand sanitizing and handwashing stations throughout camp and how to access them
- When to see the nurse